

SLCH NICU Sleep Room Information

The NICU has 3 available sleep rooms for families to spend the night. These rooms are located right next to the Ronald McDonald Family Room.

- There are two rooms with one twin bed and one room that can sleep 2 separately.
- Sleep rooms are not locked but may be locked from inside the room itself.

Sleep rooms are prioritized for Meadows (5200) families since these families do not have a place to sleep in the hospital. However, any family can request a sleep room.

Rooms are only granted one night at a time and families must put in a new request daily. For those who get a room, the family must vacate the sleep room by 10am so EVS can clean the room for the next family.

How to request a sleep room

1. Family obtains request sheet from RN, fills it out, and returns to RN by 5pm.
2. RN places request form in Sleep Room binder.
3. At 5pm, the NICU Charge RN reviews requests, writes chosen families in the binder calendar, and notifies RN's and secretaries of decisions.
4. RN notifies family of decision.
5. Family occupies room for the night, vacating the room by 10am

If your family would like a sleep room, please encourage them to reach out to their baby's nurse so that they can assist.

